

# MILDRED D. WILLIAMS Curriculum Vitae

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## OBJECTIVE

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To work with individuals where I can continue to educate and train them while also demonstrating and modeling a strong moral and ethical character....thus empowering these individuals to grow holistically(mentally, emotionally, spiritually and socially), where they can hopefully become ethical, productive members of society.

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## AREAS OF SPECIALTY

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- Individual, Group and Family Counseling
- Grief and Loss Issues
- Spiritual Life Coaching & Mentorship
- Christian Education
- Sexual Addiction
- Mental and Emotional Disorders
- Professional & Ethical Issues
- Interpersonal Relationships
- Substance Dependency
- Client Confidentiality

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## PROFESSIONAL EXPERIENCE

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**Southern Wesleyan University** Central, S.C. August 2008 - Present  
**Assistant Professor of Psychology/Human Services Coordinator/Practicum Coordinator/Adjunct**

Responsible for teaching or has taught the following courses, however not limited to only these courses:

Advanced Social Problems; Gender Issues; Foundational Issues in Human; Services; General Psychology; Practical Counseling Skills; Management Issues in the Helping; Profession; Applied Psychology & Effective Management; Human Growth & Development; Community Development, Capstone, Sociology of the Family; Social Psychology; Negotiation & Conflict Resolution; Professional & Ethical Issues; Adolescent Psychology; Introduction to Counseling; Multicultural Counseling; Character and Personal Effectiveness, Personal Wholeness/Freshman Seminar; Community Development; Addictions Counseling; Spirituality & Counseling Race & Ethnic Relations, Information Literacy and Practicum.

Teach both undergraduate students and adult learners in all subjects listed. A variety of teaching methods are used such as PowerPoint Presentations, educational lectures, audio-visual education, guest speakers, experiential exercises, class presentations, case studies, in class group assignments examinations and term/research papers are issued as class requirements. Also issue appropriate student academic advisement as well as practicum group & individual supervision.

**Clemson University, Clemson-Greenville, S.C.**  
**Adjunct Professor**

August 2008- December 2008

Responsible for teaching the following course:

- Practicum: Taught Masters level students who are completing a community counseling degree. A variety of teaching methods were used such as power point presentations, group & individual supervision. Also issued appropriate student academic advisement as needed.

**Webster University, Greenville, S.C.**  
**Adjunct Professor**

August 2005- August 2009

Responsible for teaching the following courses:

- Techniques of Substance Abuse Counseling & Foundations of Counseling: Taught Masters Level students techniques to support their becoming clinicians. A variety of teaching methods are used such as power point

presentations, educational lectures, audio-visual education, guest speakers and class presentations, examinations and research papers were issued as class requirements.

**Anderson University, Anderson, S.C.**  
**Drive Smart Program Coordinator**

March 2008-May-2008

Responsible for:

- Developing and implementing programming for the students pertaining to Alcohol & Drugs. Also worked with local high school students implementing alcohol and drug awareness for the student body. Worked closely with area community partners, i.e. police department; treatment providers and local clergy utilizing their input to help target and minimize issues surrounding underage drinking in the community. Developed peer mentor programming for the college student body where these students would eventually be trained to educate & support outreach at the local high schools.

**Webster University, Greenville, S.C.**  
**Academic Advisor for Counseling Degree Program**

July 2007-December 2007

Responsible for the following:

- Worked closely with Master Degree students helping develop their Program Planning Worksheets for their academic duration. Helped design programming for students on academic probation as well as worked with those who were admitted under a "Contingency Status". Finally, worked with students to make sure they completed all designated classes for graduating. Also supported those students with completing all appropriate documentation for "Petitions to graduate".

**Greenville Hospital University Medical Center, Greenville, S.C.**  
**Director ADDLife Addictions Services/Lead Counselor**

May 1990-February 2008

Responsibilities included but were not limited to:

- Supervising a staff of three including working closely educating several social work and counseling interns, medical students, nursing students, pharmacy students and community clergy and faith leaders. Responsible for implementation and writing policies and procedures for the ADDlife Program while following Joint Commission Accreditation Standards, developed appropriate performance improvement or tools, performance evaluations, developing treatment plans, discharge and referral options, consults, treatment teams, conduct group, individual and family sessions. Developed & implemented the Dual Diagnosis (Mental Illness/Addiction) programming for the patient population at Marshall I. Pickens Psychiatric Hospital. Developed patient workbooks to help facilitate in their recovery. Also developed, implemented and taught several annual sessions in the hospital setting. The purpose of these forums was to teach faith leaders, clergy, parish nurses, hospital chaplains and others about various addictions and mental health issues. Worked closely with the Greenville Hospital Systems Pastoral Care Services Department, community pastors, ministers and faith leaders helping them make appropriate referrals if needed. Continued to develop strong community collaboration with other outside agencies and the twelve step program.

**Greenville Technical College, Greenville, S.C.**  
**Adjunct Professor**

February 2002-September 2004

Responsible for teaching the following courses:

HUS 208-Alcohol and Drug Abuse and HUS 217-Addictions Counseling. Taught students who were working on their associate's degree in human services. Used various teaching methodologies to support student learning such as educational lectures, class presentations, speakers and individual and in class group assignments.

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**Pride Program/East Orange General Hospital, East Orange, N.J.**  
**Primary Counselor**

June 1989- March 1990

Responsibilities included but were not limited to:

Case management working with approximately 50-60 adults in the partial hospitalization program. Provided patients with individual, group and family counseling sessions. Issued didactic teaching and psycho-education groups. Also conducted the women's codependency group weekly.

**Newark Renaissance House, Newark, N.J.**  
**Addictions Counselor**

June 1987-June 1989

Responsibilities included but were not limited to the following:

Worked with adolescents between the ages of 12-17 years old who suffered from addiction, mental health, family, legal and vocational issues. Worked in this therapeutic community utilizing behavior modification techniques to support clients getting better. Issued individual, group and family counseling with clients. Worked closely with the juvenile justice system and the school district to further enhance and support client progress.

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### **Qualifications/ Certifications**

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- 25 years of Clinical Counseling/Educational Experience; teaching and conducting Professional Conferences for Women, Faith Based Leaders, Clergy, Healthcare Providers, Medical Students, Nursing Students, Pharmacy Students, Social Workers and Mental Health Specialist. Along with various other Professionals.
  - 12 years of experience teaching in a University setting. Teaching Traditional students and adult learners in both a Technical College and a four year university.
  - South Carolina State Certified Clinical Addictions Counselor Level II (C.A.C. II) Since May, 1990- S.C. Association of Alcohol and Drug Abuse Counselors. (SCAADAC) Pursuing Re-Certification
  - Graduate Certification in Professional Counseling since October, 2003- Capella University.
  - Completed the Minority Mentorship/Leadership Institute through Mid- Atlantic Addiction Transfer Technology Center with Virginia Commonwealth University. Currently acts as a mentor for three minority female protégés who all serve in Leadership capacities.....one being in Raleigh, N.C. area.
  - Former President for Congress of Christian Education with the Progressive National Baptist Convention, Washington, DC- 2006-2007
  - S.C. Addiction Fellows Program. Completed year long program- 12/08 through the Addiction Recovery Institute / Duke University Endowment.
  - Grief Facilitator for "Parrot Pals" grief support group for children between ages 5-18. Conducted the adolescent group (13-18) at Brook wood Community Church. (2009-2010). Continue to act as a consultant when needed.
  - Consultant to Clergy for the Baptist Ministers Fellowship in Greenville, S.C. Teach on issues that may have a direct impact on the church. Also alert Pastors about community resources as needed for their parishioners as well as for the Pastor who may be struggling if needed.
  - Currently contract with SC DHEC, Columbia, S.C. since 2007 to teach clinical counseling & medical personnel who serve the HIV/AIDS population on Sexual Addiction. These workshops are offered twice a year~ July & December.
  - Currently pursuing the Human Services-Board Certified Practitioner (HS-BCP) Certification.
  - Hospice Volunteer with Amedisys Hospice; Volunteer with Renewal center for women.
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## EDUCATION

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- **Bachelor of Art Degree (B.A.) - May, 1987**  
Psychology/Sociology  
Rutgers University, New Jersey
- **Master of Art Degree (M.A.) - March, 1998**  
Clinical Counseling-Emphasis in Mental Health  
(Distinguished Graduate Status)  
Webster University, South Carolina
- **Master of Art Degree (M.A.) - December, 1998**  
Human Resource Development  
(Distinguished Graduate Status)  
Webster University, South Carolina
- **Worked towards pursuing a PH.D- (ABD) 2001-2008 (Intermittent)**  
Human Services  
Capella University, Minnesota
- **Currently Pursuing PH.D – Tennessee Temple University in Leadership since Spring 2013**

## PUBLICATIONS

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- Publication: Williams, M.D. (2002). *A New Beginning Recovery Workbook: Reproducible Exercises to Help People Overcome Addictive Behaviors.* Plainview, New York: Wellness Reproduction and Publishing Company.  
**ISBN: 1-893277-09-7**
- Publication: Williams, M.D. (2002). *A New Beginning Recovery Card Game.* Plainview, New York: Wellness Reproductions and Publishing Company.
- Currently working towards completion of manuscript for “*A New Beginning Recovery Workbook: Reproducible Exercises to Help People Overcome Addictive Behaviors II.*” To be submitted to my new publisher- Guidance Group possibly within six months- one year.
- Currently have a children’s book on grief in proprietary submission for potential Publication Entitled “*Mommy, Where’s Nanny?*” To be submitted to my new publisher- Guidance Group possibly within six months- one year.